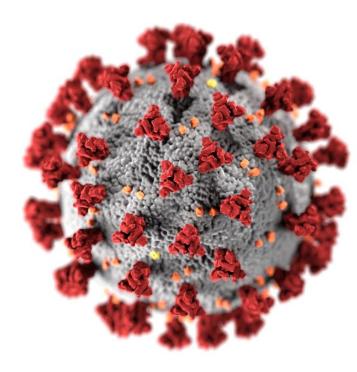
# Getting to Zero San Francisco Consortium

Zero new HIV infections • Zero HIV death • Zero stigma and discrimination

## Update for SF HIV Community Planning Council Presented by Dr. Alisson Sombredero, SFCHC, GTZ Steering Committee and Dr. Al Liu, SFDPH, GTZ PrEP Committee October 26, 2020



# Impact of COVID-19 on HIV prevention and treatment services



- When Shelter-in-Place went into effect, many clinical and community-based services shut down or moved to a virtual platform
- Getting to Zero wanted to evaluate the impact of COVID-19 on provision of services
- Found dramatic declines in HIV and viral load testing decrease in viral suppression, PrEP access and overall decrease in screening and treatment of all STI including Hepatitis C
- Some rebound in more recent months in HIV, VL, and STI testing, but more work to be done.

## Getting to Zero San Francisco's Response: Communications and Policy

**Communications:** Maintain continuous communication with the SF community in real time Posting daily bulletins to the homepage of the Getting to Zero website:

- Case statistics
- Announcements for educational and research opportunities
- Links to State & Local Department of Public Health orders and guidance and relevant alerts from other government entities
- Resources for the community about HIV prevention and treatment, 50+ services, and mental and behavioral health services during this public health emergency
- Published *Guidance on COVID-19 for People Living with HIV* early in the response (with updates as needed) and distributed widely
- Sponsored a community forum on safer sex and COVID-19 organized by Bridge HIV
- Sponsored a virtual Town Hall in collaboration with Ward 86 at San Francisco General Hospital on COVID-19 specifically for people living with HIV and to address concerns of the community

**Policy and advocacy:** Assisting Adolescent/Young Adult Committee and Continued Housing Task Force

## Getting to Zero San Francisco's Response: Steering Committee & Consortium

- Gathering data on HIV and STI testing and services
- Created a new GTZ steering committee HIV/ COVID-19 subcommittee to address community and health provider concerns as the epidemic evolves
- Identified that CBOs were unclear about whether HIV/STI/HCV testing and treatment were considered essential services, and how to provide them in the safest manner possible
- Identifying low barrier, novel approaches to delivering services
- September Consortium meeting to review data, discuss Consortium members' experiences with HIV/STI/HCV services, brainstorm solutions to drop in service delivery: Data were surprising; Not enough input from consumers; "Call to Action"

## GTZ Working Group: Best Practices in the Time of COVID

Alisson Sombredero, Brad Hare, Mike Shriver, Perry Rhodes III, Mary Lawrence Hicks, Janessa Broussard, Sally Slome, Barbara Green, Lisa Loeb, Liz Embert, Courtney Liebi

**Charge:** "To identify best practices & gaps in guidance around HIV prevention and treatment in the age of COVID-19 e.g. best practices for CBOs doing HIV & STI testing if/when there is a surge in COVID cases, communication/ messaging around sexual health/intimate personal interactions."

#### Activities & Observations:

- Local epidemiology is changing; unknown if behaviors /needs are
- Need for updated information available to public including data from DPH and other institutions
  - GTZ Website remains important resource
  - SF DPH COVID Response Information & Guidance Team updating Safer Sex guidance first published April 2020
    - Input from GTZ Working Group through Courtney
    - Accessible language for various populations
    - "Toolkit" with questions for COVID screening of individuals and potential partners
  - Essential Services" Statement Live to GTZ website
  - More content about PrEP how to re-engage safely in sex after PrEP interruptions
  - Multiple formats Videos, QR codes, Telehealth
- HIV testing / monitoring & STI testing
  - Keep people engaged with care providers; reassure as to safety for labs
  - Low barrier, novel approaches / venues for all populations (housed / homeless)
  - Home testing Identify best practices & resources (NuRx; AHP Pilot; Contra Costa Co)
  - Resources for health insurance re-engagement (high rate of unemployment)

## GTZ Working Group: Best Practices in the Time of COVID

#### **Going Forward:**

Scope, data monitoring and communication:

- Input to DPH on updating COVID & HIV-related guidance documents
- Information gathering on home HIV/STI testing opportunities
- Utilize internal resources GTZ committees (PrEP, Retention, RAPID, Stigma, Adolescent)
- Opportunities for partnerships with East Bay GTZ; share Best Practices with other cities/jurisdictions
- Ongoing (monthly) data review/monitoring
- For consumers/clients/ patients: Use GTZ Website as Repository for Community-Facing Communications (fliers, handouts, palm cards, emails, etc)
- Among providers/agencies: Use GTZ Website as Repository for Policies & Procedures / Best Practice Documents (Local, Regional, National/International)

Advocacy:

- Preservation of HIV funding, work force, expertise
- Research opportunities Implementation science for new models of care and services
- Integration of services e.g., Co-testing for HIV & COVID with flu vaccines
- Low barrier services e.g., Home testing

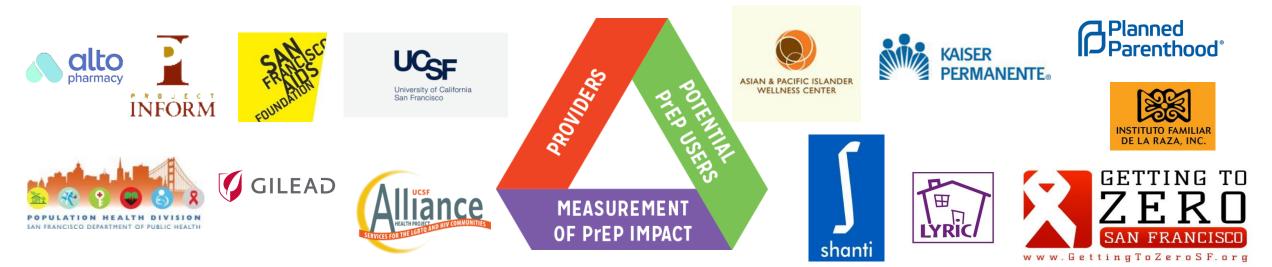
#### **CROSS CUTTING GOAL: EQUITY and ELIMINATING DISPARITIES**

• Vulnerable populations: LatinX; Black/African-American; Youth; Transgender; PWID; People experiencing Homeless/Housing-Food Insecurity; People with Mental Illness

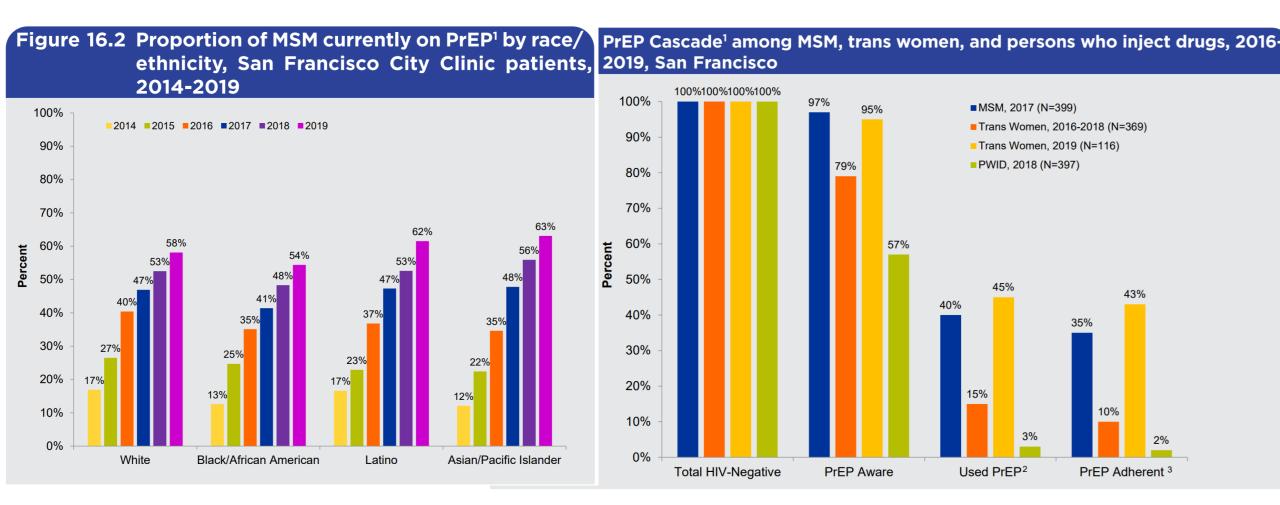
## **GTZ PrEP Committee**

#### Co-Chairs: Al Liu & Nikole Trainor

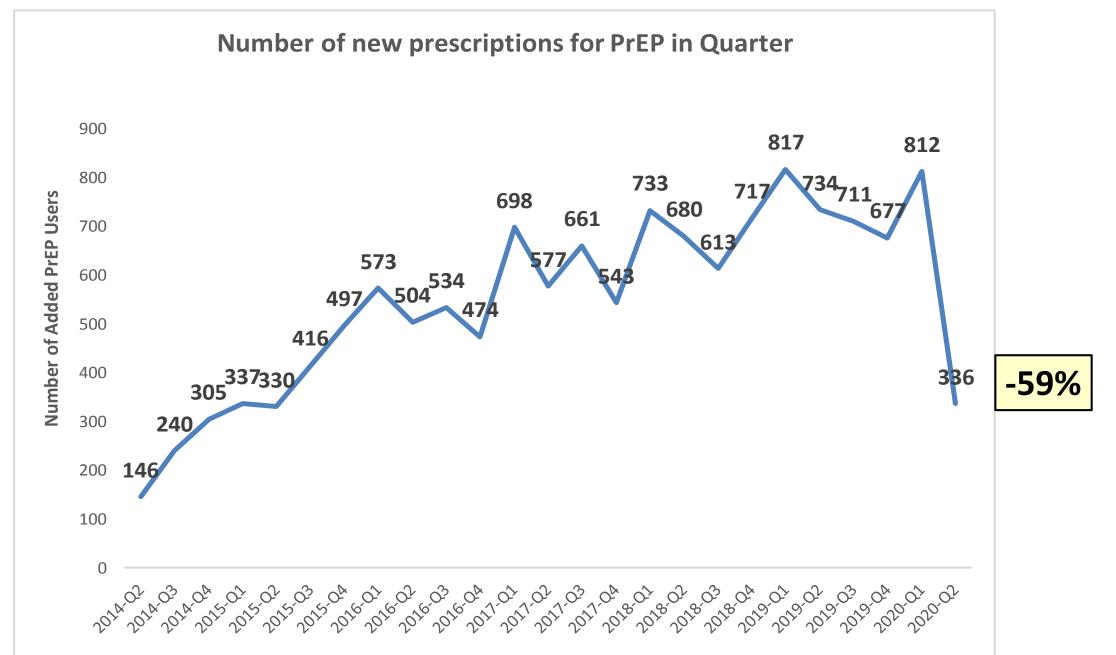
Members: Adam Leonard, Alan McCord, Alexander Vazquez, Alison Hughes, Anne Nelson, Alyson Decker, Amanda Newstetter, Amee Patel, Andrew Abundiz, Andrew Macdonald, Angela Winn, Autumn Eglitis, Brad Hare, Catherine Koss, Darpun Sachdev, Deborah Borne, Diane Jones, Dominika Seidman, Elda Kong, Emma Botta, Erin Wilson, Felipe Flores, Gary Najarian, Gavin Morrow-Hall, Greg Rebchook, Geoffrey Hart-Cooper, Isaac Waide, Isha Shrestha, James Dilley, Jasleen Singh, Jayne Gagliano, Jackson Bowman, Janessa Broussard, Jessica Bloome, Jess Pinder, Jesus Gaeta, Jen Hecht, John Melichar, Jonathan Volk,
Jonathan Edward Smith, Jonathan Fuchs, Kate Greer van Praag, Kelly Johnson, Kristin Ming, Lauren Rubenstein, Lisa Budhiman, Lauren Poole, Lisa Stern, Malcolm John, Paul Marcelin, Maria Lopez, Michael Barajas, Mikala Kennedy, Miriam Sheinbein,
Montica Levy, Oliver Bacon, Parya Saberi, Patrick Kinley, Pierre-Cedric Crouch, Rebecca Rees, Ron Goldschmidt, Jorge Hernandez, Bob Grant, Ron Palmer, Ruben Gamundi, Shannon Weber, Sami Lubega, Sona Aggarwal, Sophy Wong, Stephanie Cohen, Susan Buchbinder, Susan Philip, Tim Cochrane, Tracey Packer, Trang Nguyen, Veronica Jimenez



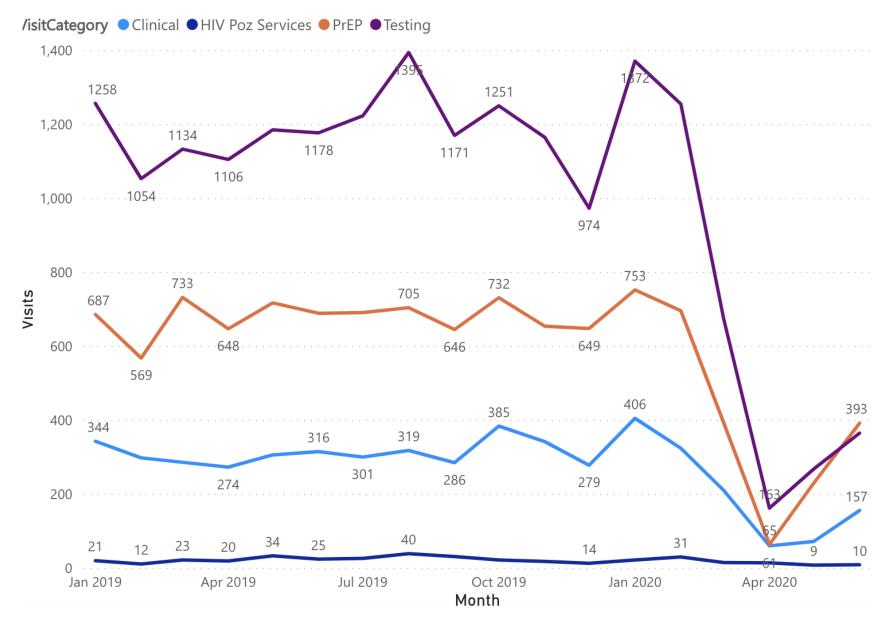
## Trends in PrEP use in San Francisco (pre-COVID)



## **New PrEP Prescriptions at Kaiser-NoCal**



## **Magnet services during COVID**



# Promoting PrEP Continuation during the COVID Pandemic

- Clinics extending PrEP prescriptions out to 6 months
- Telemedicine and virtual visits
- Home delivery of PrEP meds
- Deferring lab monitoring
- As SIP restrictions eased, resume in-person visits
  - Express model (Magnet)
  - Ride share services to support transportation to/from clinic
  - Continue in-person PrEP navigation services for benefits, insurance



## Care for HIV, Hep C and STIs are ESSENTIAL SERVICES

### • HIV Treatment

- Laboratory monitoring Viral load
- Medication refills and adherence support
- Linkage and Retention in care RAPID treatment initiation

### • HIV Prevention

- HIV testing / screening
- Pre-Exposure Prophylaxis (PrEP) New starts and continuation; Home HIV/STI monitoring
- Post-Exposure Prophylaxis (PEP)
- Hepatitis C
  - Screening & Treatment

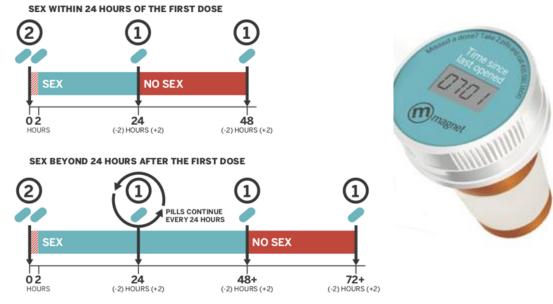
## • Sexual Health / Sexually Transmitted Infections

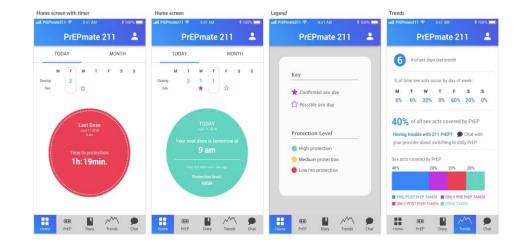
• Screening (Symptomatic and Asymptomatic) & Treatment – Target highest risk groups

https://www.sfcdcp.org/wp-content/uploads/2020/09/COVID19-HIV-STI-HCV-Services-FAQ-2020.09.16.pdf https://www.sfcdcp.org/wp-content/uploads/2020/09/COVID-19\_Tips-for-Safer-Sex\_FINAL\_COVID-19-Sexual-Health-Tips\_09.05.2020.pdf

## Increasing interest in PrEP 211 during COVID

- Several clinics (SF AIDS Foundation and Kaiser) seeing increased uptake and switching to PrEP 211 during COVID
  - May reflect less frequent sexual activity, lower pill requirements, reduced costs
- SFDPH issued guidance on 211 PrEP as an alternative to daily oral PrEP
- GTZ PrEP Committee supported development of educational materials and messaging on PrEP 211
- Reviewed recent data from AIDS 2020 on PK of PrEP in transwomen which may support PrEP 211 dosing
- SFDPH developing a mobile app to support PrEP 211



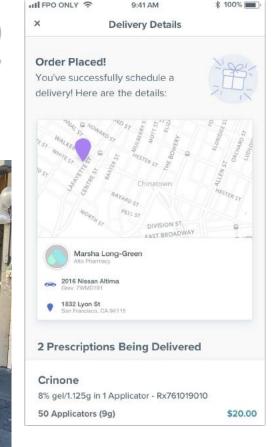


# Pharmacy delivered PrEP can increase PrEP access, particularly during the pandemic

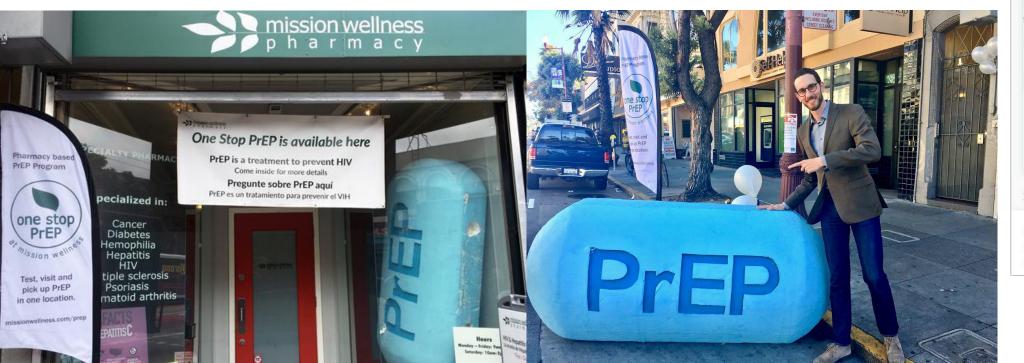
US & WORLD // MEDICAL NEWS

# California OKs pharmacists to dispense HIV prevention meds

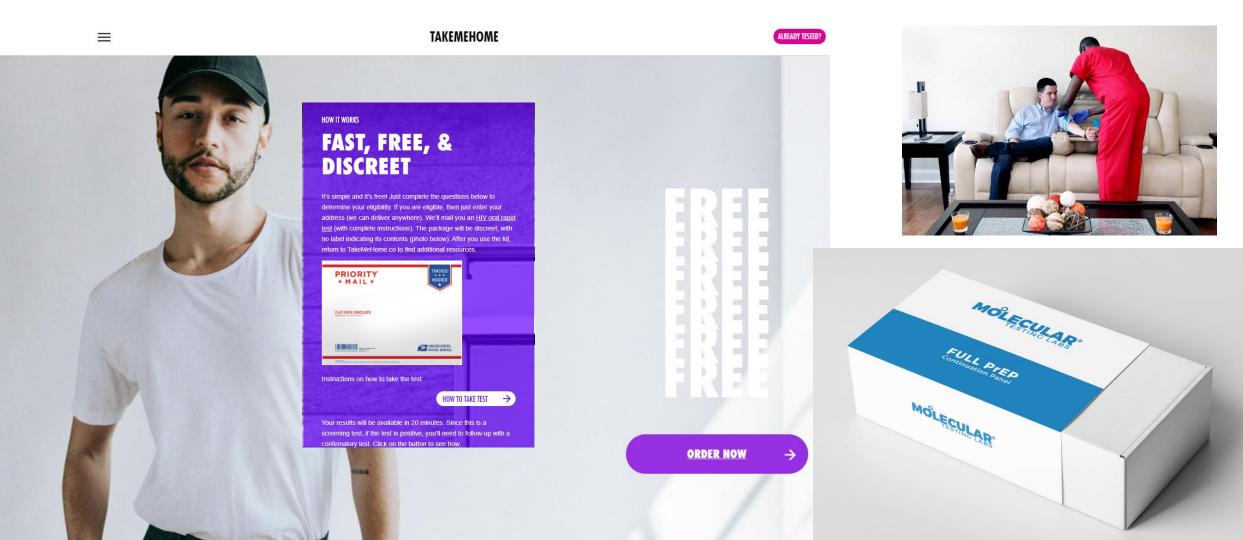




Oct. 7, 2019 Updated: Oct. 7, 2019 4:37 p.m.



## Innovations in home HIV/STI testing and PrEP monitoring



# Reducing Stigma through Harm Reduction during the Pandemic



San Francisco Department of Public Health Guidance

Tip Sheet for Safer Sex During the COVID-19 Pandemic

UPDATED September 05, 2020

#### Lower

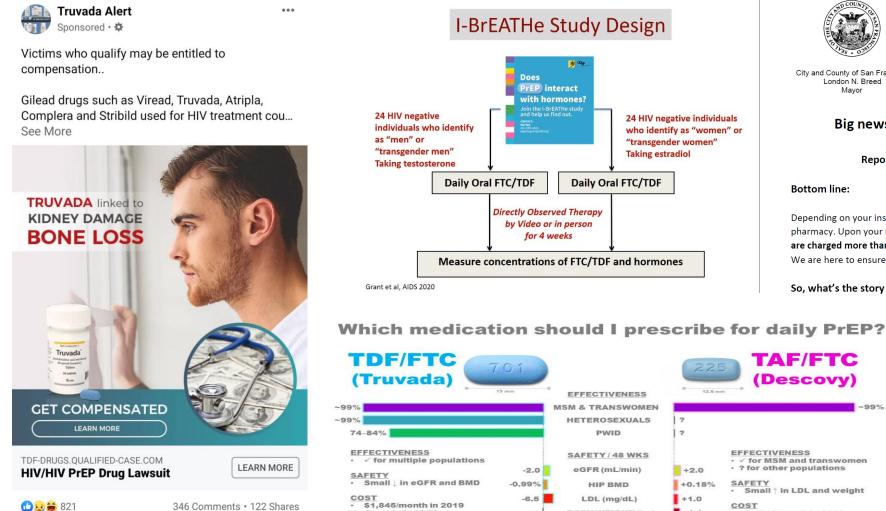
Highei

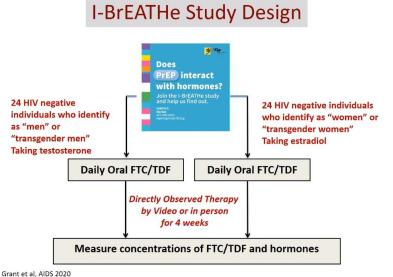
- Virtual sex, masturbation, sex talk, porn while alone or with someone in your household
- Sex with household members only, indoors or out
- Sex with a small, stable group of partners outdoors, or indoors with windows open and increased ventilation, touched surfaces and shared objects are wiped down
- Sex with a small stable group of partners indoors with little or no ventilation, all shared objects and shared touched surfaces are wiped down
- Sex with more people, less distance, more time indoors with small and/or poorly ventilated spaces, close sharing of breath, lips, mouth, eyes, unprotected anal play, and all objects shared without wiping down

# **PrEP Delivery and Support in the Trans Community**



# **GTZ PrEP Committee:** Forum Addressing emerging data and issues







San Francisco Department of Public Health Grant Colfax MD Director of Health

City and County of San Francisco London N. Breed Mayor

> Big news: Truvada<sup>®</sup> is going generic on September 30, 2020 Update for San Francisco PrEP Users Report prepared by San Francisco City Clinic on September 30, 2020

#### Bottom line:

Depending on your insurance situation, you may be charged for your PrEP medication when you go to the pharmacy. Upon your next visit to the pharmacy to pick up your PrEP, if you face ANY challenges, or if you are charged more than you've been charged in the past, please contact your PrEP provider immediately! We are here to ensure you continue to have access to affordable PrEP!

So, what's the story with generic PrEP?

#### TDF/FTC **FAF/FTC** Descovy (Truvada) EFFECTIVENESS **MSM & TRANSWOMEN** HETEROSEXUALS 74\_84% PWID EFFECTIVENESS EFFECTIVENESS SAFETY/48 WKS ✓ for multiple populations ✓ for MSM and transwomen ? for other populations -2.0 eGFR (mL/min) +2.0 SAFETY Small in eGFR and BMD -0.99% HIP BMD +0.18% SAFETY Small in LDL and weight COST -6.5 LDL (mg/dL) +1.0 \$1,845/month in 2019 COST +1.1 **BODY WEIGHT (kg)** · \$1,845/month in 2019 Generic in 2020 +0 100 100 0



Thank you Members of the SF HCPC for your time. Many thanks to our >300 Getting to Zero members for their volunteer work and our sponsors

### **Steering Committee**

Diane Havlir, Co-Chair Alisson Sombredero Brad Hare Chip Supanich Clair Farley Hyman Scott Joe Hollendoner Susan Buchbinder, Co-Chair Lori Thoemmes Maceo Persson Mike Shriver Monique LaSarre Paul Harkin Tracey Packer

Mary-Lawrence Hicks & Courtney Liebi

### **Co-Chairs of Working Committees**

Al Liu, PrEP Nikole Trainor, PrEP Edwin Charlebois, Retention Clarissa Ospina-Norvell, Retention Miguel Ibarra, Retention Susa Coffey, RAPID Vincent Fuqua, Ending Stigma Wayne Stewart, Ending Stigma Tonya Chaffee, Adol + YA Adam Leonard, Adol + YA

