Exploring Allyship, Action, and Change: Understanding the Foundations of Oppression and Social Justice Action

In today's climate, more and more people are recognizing the need for social justice, equality, and liberation, yet it seems that we aren't seeing much tangible change. DEI (diversity, equity, and inclusion) meetings, cultural competency sessions, and diversity trainings are falling short, seen by many as lip service or "check the box" programming. What's missing, and why are these sessions failing to provide much needed change?

What is missing is a critical examination of our socialization as players in a larger system of oppression meant to disconnect and isolate us in this effort. During this exploratory miniworkshop we will begin to examine how we have collectively and individually been taught to perpetuate and participate in systems of oppression (racism, heterosexism, sexism, etc). We will also touch upon necessary personal steps for allyship, action, and change that we can take to create a more equitable social service system, communities, and society.

Come prepared to be a bit uncomfortable, dig deep, be courageous, and explore with one another in a supported community space.