



CHEP DRUG USER HEALTH PRESENTATION

An update to the HIV Community Planning Council (HCPC)
May 24, 2021

Presented by: Katie Burk, Hanna Hjord, and Eileen Loughran
Community Health Equity & Promotion Branch (CHEP)



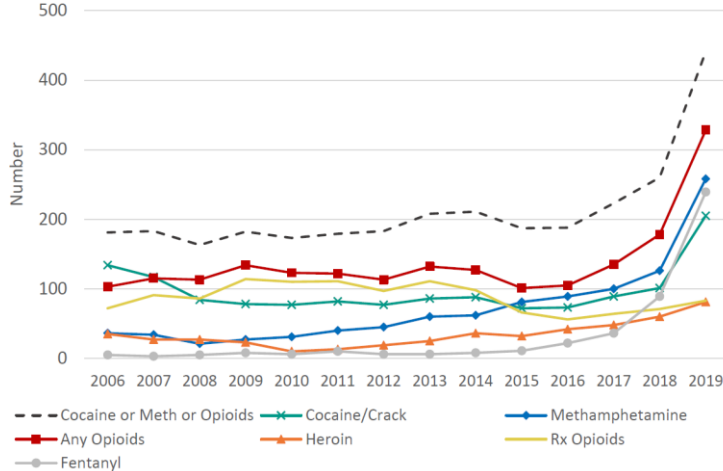
POPULATION HEALTH DIVISION
SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH

Presentation Outline

- **Introduction/Background/Data Snapshot (Katie)**
- **SFDPH Overdose Prevention (Katie)**
- **Drug User Health Initiative (Katie)**
 - SIP/SRO Project (**Katie**)
 - Drug Overdose Prevention Education (DOPE) (**Katie**)
 - Harm Reduction Training Institute (**Hanna**)
 - Contractual Requirements (**Hanna**)
 - Consumer Input (**Hanna**)
 - Contingency Management (**Hanna**)
 - Community Health Response Team (**Eileen**)
 - CHEP naloxone training team (City agencies: City Clinic, Rec & Park, government officials) (**Eileen**)
- **Next Steps**
 - OPS (**Eileen**)
 - DPH funding initiatives (**Eileen**)

Overdose Deaths in San Francisco, 2006-2019

Figure 1: Number of Opioid, Cocaine, and Methamphetamine Overdose Deaths by Non-Mutually Exclusive Substance Category in CCSF, 2006-2019

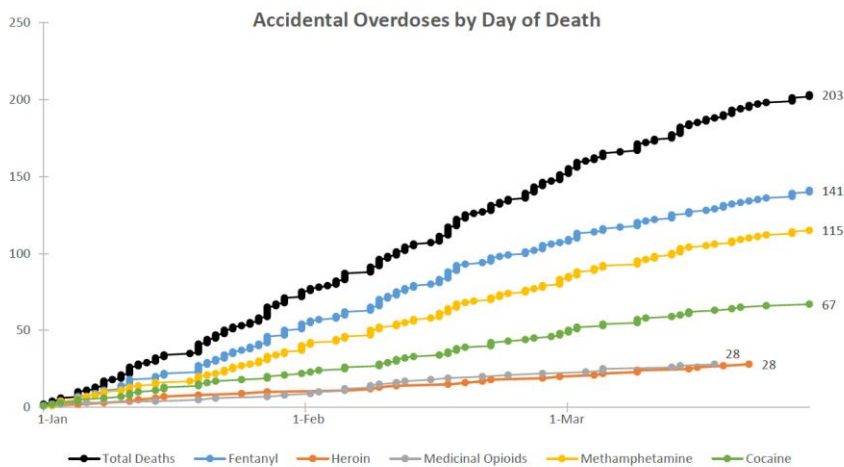


From 2006 to 2017 accidental overdose death numbers were consistently low, thanks in large part to San Francisco's early commitment to community-based naloxone distribution.

There was an average of less than 200 total overdose deaths per year during this time period.

Source: Coffin, Substance Use Trends in San Francisco through 2019, SFPDPH, August 2020

Overdose Deaths in San Francisco Jan through March, 2021

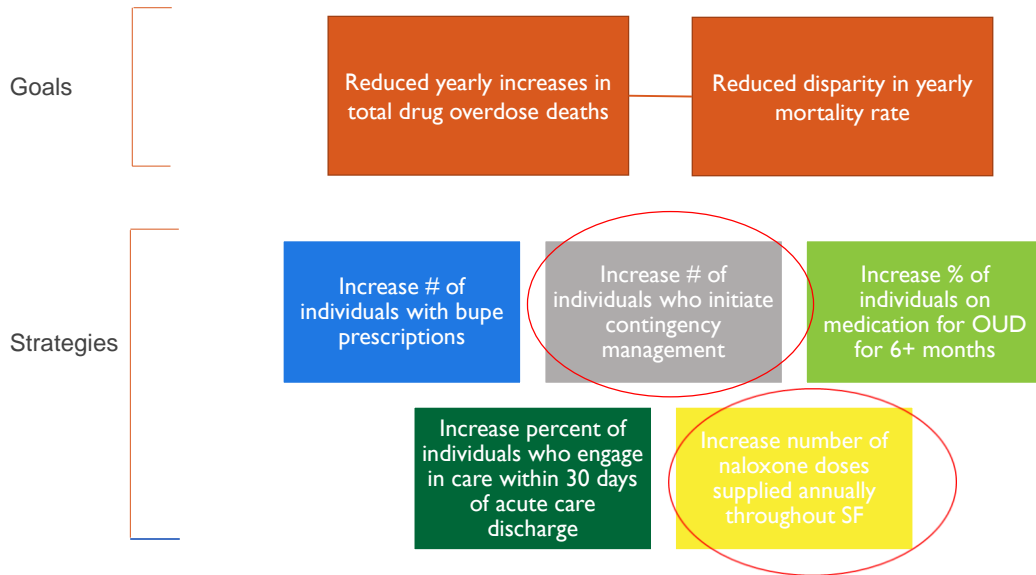


There were 713 accidental overdose deaths in San Francisco in 2020

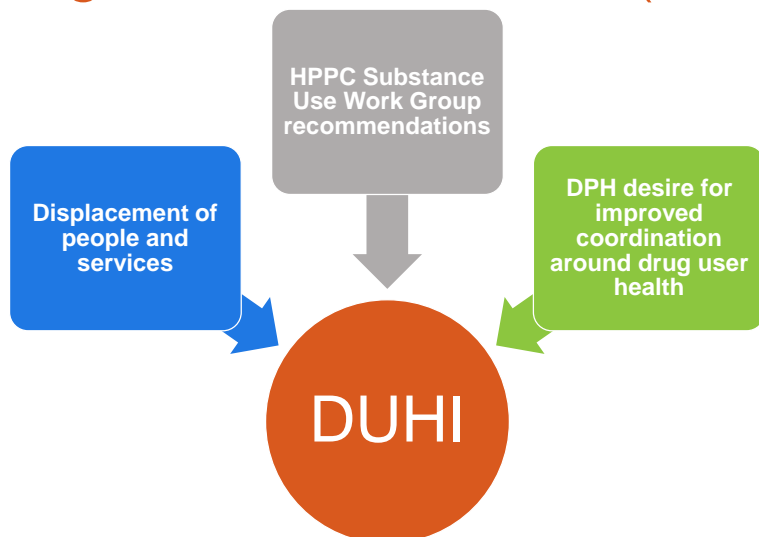
In the first quarter of 2021 San Francisco has experienced 203 accidental overdose deaths.

Source: Office of the Chief Medical Examiner, Report of Accidental Overdose Deaths, April 2021.

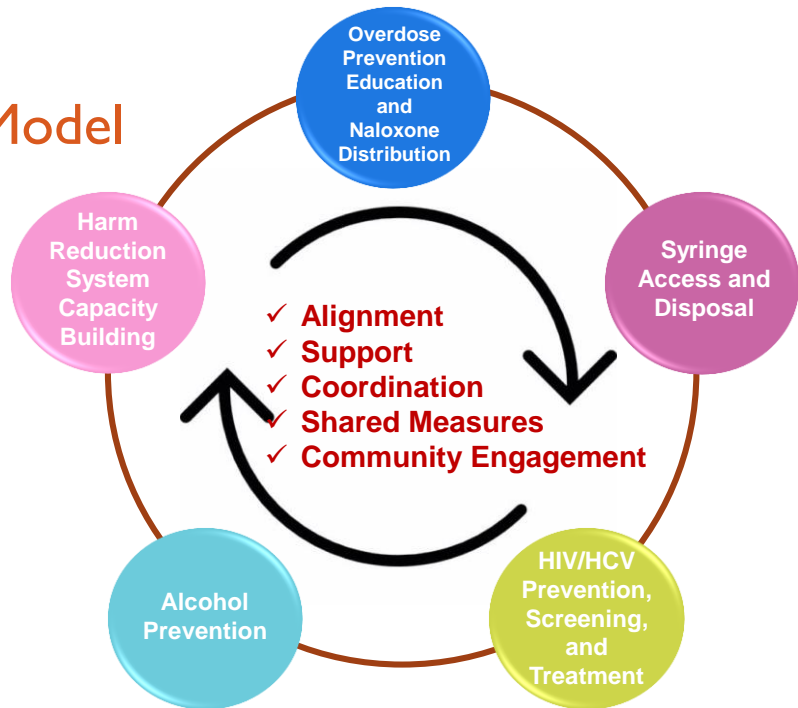
SFDPH: Overall Goals and Strategies



Impetus for the Creation of Drug User Health Initiative (DUHI)



DUHI: An Integrated Model



Drug User Health Initiative (DUHI)

Mission Statement

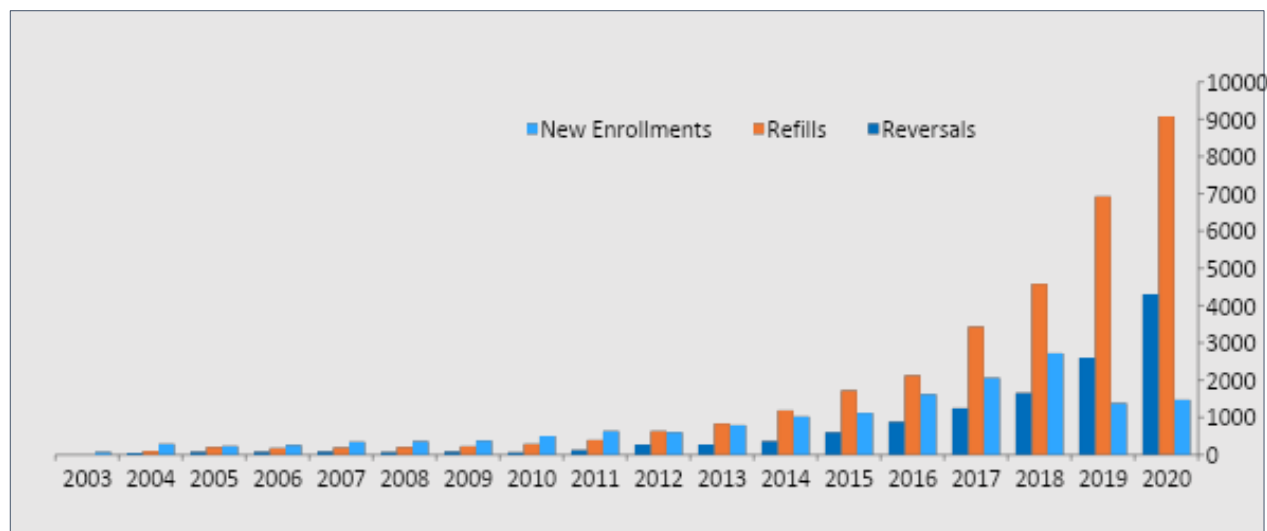
To support drug users in caring for themselves and their communities through strengthening and aligning services and systems promoting drug user health in San Francisco.

Vision Statement

The system of care and prevention supports health equity for drug users and ensures that all people who use drugs are treated with dignity and respect throughout San Francisco.



Community-based naloxone distribution: The DOPE Project of the National Harm Reduction Coalition



Slide credit: Dr. Phillip Coffin and the DOPE Project

DOPE DISTRIBUTION STRUCTURE & STRATEGY



Slide credit: the DOPE Project

ADDITIONAL NALOXONE ACCESS POINTS

CBHS
Pharmacy

Project
FRIEND

DHCS NDP
(for non-
profits)

DPH Clinic
Pilot

**Concerned about overdose?
Want a free nasal Narcan kit?**



Our friends at CBHS Pharmacy are happy to help!

Go to 1380 Howard Street (at 10th Street), to the pharmacy, they will train you and give you a FREE nasal naloxone kit. All you have to do is answer a few standard questions pharmacists are required to ask to dispense medication!

****Syringe access and harm reduction programming is funded to serve our most vulnerable communities, and we need to reserve our resources for them. Please respect the privacy of harm reduction program participants if you are not a harm reduction program participant by getting your needs met at CBHS Pharmacy****

Open Mon - Fri, 9am - 3:30pm

Have questions? Call 415-255-3659

Thank you for caring for your community!

Slide credit: the DOPE Project



SRO Project

Prior to COVID-19, **people who live in SROs were 19x more likely to die** of accidental overdose.

They were also more likely to die from accidental overdose in in their residences.

- Partnership between SFDPH CHEP and DOPE Project
- Goal is to work closely with staff and residents of supportive housing SROs to ensure their voice is driving the project

Slide credit: Emily Valadao

SRO Project Activities

- Train staff and residents on overdose recognition and response
- Wall-mount naloxone in SROs
- Resident Overdose Prevention Specialists
- Currently doing focused tenant organizing in two SROs with plans to expand this summer
- COVID adjustment entailed inclusion of work in SIP hotels done in partnership with SFAF and DOPE Project



Slide credit: Emily Valadao

Shelter in Place (SIP) Hotels

Harm Reduction Liaisons

- Engage with guests by connecting them to on-site harm reduction supplies including naloxone and fentanyl test strips, provide referrals, and support conversations around overdose safety planning
- Currently staffed by CHRT

SFDPH Harm Reduction Liaison Staffing Efforts at SIP Sites		
Site #	Days per week	Staff
10	2x per week (since June 2020)	2 staff
44	1x per week (since September 2020)	1-2 staff
2	1x per week (since October 2020)	1 SFAF staff in partnership with SFDPH nurses
A	1x per week (Since November 2020)	2 staff in partnership with SFDPH nurses and GLIDE for HIV/HCV testing
49	1 x per week (since February 2021)	2 staff
TAY Navigation Center	1x per week since March 2021	1 staff

Slide credit: Emily Valadao

SIP Data Highlight

Additional In-person Provider Overdose Recognition and Response Trainings*	Total Naloxone kits distributed to SIP Sites for Staff, Wall-mount, and self-service supply stations	Total Naloxone kits distributed to guests by Harm Reduction Liaisons	Overdose Reversals Reported
11	5,874	129	128

*Since October 2020

Slide credit: Emily Valadao

Harm Reduction Training Institute (HRTI)

- **Established in 2015** in collaboration with **National Harm Reduction Coalition**: to support SFDPH staff and funded agencies
- **2015 Contractual requirements**: Incorporation of harm reduction objectives into service provider contracts (includes mandatory staff trainings)
- Monthly large scale trainings, tailored trainings and technical assistance to substance use treatment programs, needs assessment with providers, curriculum development

Three (3) HRTI Goals and related activities:



2020 Pilot:

**NATIONAL
HARM REDUCTION
COALITION**

COHRT

**Creating Opportunities for
Harm Reduction Training**

**JOIN STAFF FROM SHELTER IN
PLACE SITES, SUPPORTIVE
HOUSING/SHELTER PROGRAMS,
AND BEHAVIORAL HEALTH
SERVICE PROGRAMS IN SAN
FRANCISCO TO TAKE A DEEPER
DIVE IN TO HARM REDUCTION.**

All training participants will take 3 online modules offered by National Harm Reduction Coalition before beginning trainings.

Cohorts of 30 or fewer staff will participant in 3 two-hour trainings and have access to 3 two-hour follow-up discussion sessions with NHRC trainers. Trainings include (1) Foundations of Harm Reduction, (2) Conflict Management and De-escalation, and (3) Harm Reduction for Service Providers: Self Care and Resilience.

**IF YOU ARE INTERESTED IN
LEARNING MORE ABOUT HARM
REDUCTION AND FINDING CREATIVE
AND CONCRETE WAYS TO
INCORPORATE IT INTO YOUR WORK,
THIS IS THE PROGRAM FOR YOU!**

BHS Cohort Times
Tuesdays 1pm-3pm
Fridays 11am-1pm

COHRT is a pilot program of National Harm Reduction Coalition, in collaboration with SFHSH, SFDPH, and SFHSA

FOR BHS PROVIDERS:
Visit <http://www.sfdph.org/training> and click on Behavioral Health Services
Email hanna.hjordan@sfdph.org for more information.

Harm Reduction Contractual Requirements

All agencies/programs funded by DPH shall:

1. Address in their program design and objectives how they will **provide harm reduction treatment options** (TA available from the National Harm Reduction Coalition).
2. **Develop harm reduction guidelines.** This is according to the Resolution of the Health Commission in September of 2000 (TA available from the National Harm Reduction Coalition).
3. Agencies will **integrate elements of harm reduction principles into service delivery and agency structure** as evident by:
 - a) Up-to-date referral information about **Syringe Access and Disposal services and schedules** will be posted in common areas where they can be viewed by clients (contact DOPE Project).
 - b) Will have an **onsite overdose response policy**, with technical assistance from the Harm Reduction Training Institute (HRTI) as needed (Contact the National Harm Reduction Coalition).
 - c) Up-to-date **referral information about naloxone access and DOPE Project schedule** will be posted in common areas where they can be viewed by clients (contact DOPE Project).

Program staff will participate in at least one training with the Harm Reduction Training Institute annually either at program site 25 Van Ness Avenue, or virtually as documented in program records.

Ongoing engagement with people who use drugs

- Conducted by consultants for specific purpose:
 - Focus groups to inform the Drug User Health Initiative Strategic Plan (2016 and 2017)
- Funded through existing contracts:
 - National Harm Reduction Coalition community assessment (2018)
- Conducted by CHEP staff:
 - Community Health Response Team (CHRT) gathering input from informal surveys (2019)
- Conducted by funded agencies and programs:
 - Syringe program staff conducting street-based surveys (2019)
- Funded for specific initiatives:
 - 2020 Ending the HIV/HCV/STI Epidemics (ETE): SF Drug Users Union
 - 2021 ETE Community Advisory Process (CAP): Community Health Response Team (CHRT)

ETE Mobile Contingency Management

- In response to overdose and fentanyl crisis
- HIV Health Services and CHEP are jointly funding SFAF
- Low-threshold, street-based model:
 - Persons who use drugs and/or experiencing homelessness, with a focus on people who smoke and inject fentanyl
 - Black, Indigenous, and other People of Color (BIPOC)
- Services include:
 - One-on-one low threshold counseling and goal setting
 - Contingency management (Expanding Contingency management was a recommendation of the 2019 Methamphetamine Task Force)
 - One-on-one, incentivized “safer fentanyl use and using alone” coaching session series (3 session)
 - Narcan training
 - Referral and linkage to drug user health, harm reduction, and HIV/HCV/STI services

Community Health Response Team (CHRT)



- Small team that does outreach & engagement on the streets, encampments, safe sleep sites, and SIP hotels
- Immediate response: Street based follow-up to reports of homeless deaths
- Harm reduction Liaison at SIPS expanding to include Shelters & Navigation Centers
- Community input/feedback on through surveys & interviews
- Collaboration with community & City partners
 - SFAF, Glide, Harm Reduction Therapy Center (HRTC), Street Medicine
 - Coordination is a goal of the DPH overdose response efforts

CHEP Naloxone Training Team



- Provide training & technical assistance to City agencies & Government Officials
 - How to identify & respond to overdose
 - Ordering from DHCS (Free Nasal Supply from the State)
 - Fentanyl test strips
 - Engaging in dialogue around harm reduction
- Sheriff's Department, Park Rangers, City Clinic, elected Officials

Next Steps/ New initiatives

- Improve outpatient services by making them more accessible for people experiencing homelessness
 - Low threshold buprenorphine access
 - Contingency Management
 - Expansion of BAART's Market Street Clinic to 24 hours
- A new collaboration between Street Medicine & EMS-6 to provide immediate follow-up to non-fatal overdose
- Harm Reduction training & clinical support for service providers in shelter and housing sites
- Expanding access to safe consumption supplies and harm reduction resources at primary care and outpatient behavioral health clinics

Next Steps

- Overdose Prevention Sites
 - Support SB57
- Overdose Policy Legislation
 - Supervisor Haney is putting Overdose Prevention legislation that will require DPH, HSH, & HSA to adhere to specific steps to address overdoses
 - DPH will provide technical assistance to the other City agencies
- Continue to advocate for systems change to allow harm reduction supply access as a standard best practice at all alternative housing sites.



San Francisco Department of Public Health

Thank you!
SFDPH Drug User Health Initiative Team



San Francisco Health Network
Behavioral Health Services

